About the Presenter:

Julie Huffman is a speech-language pathologist at Rex Hospital in Raleigh, NC. She has 20 years experience in dysphagia evaluation and treatment in a variety of settings with current focuses in outpatient rehabilitation, skilled nursing and oncology services. She has had a special interest in esophageal disorders as they affect oropharyngeal swallowing for the last 14 years. She has been instrumental in devising new protocols to include consideration of the esophagus for both FEES and MBS studies throughout the continuum of care in her hospital system. She has been teaching on the subject for the past 10 years. Julie is pursuing research opportunities related to esophageal disorders and dysphagia. She is a graduate of the State University of New York at Buffalo.

Disclosures

Financial: Ms. Huffman is a salaried employee of Rex Hospital in Raleigh. She teaches her course as a sole proprietor. She receives an honorarium for continuing education courses and seminars, including this one.

Non-financial: Ms. Huffman serves on the Board of Directors for the Triangle Aphasia Project which is unpaid.

This program is offered for 1.4 CEUs (intermediate level; professional area).

Esophageal Dysphagia: Applications for the Speech-Language Pathologist

Julie A. Huffman, MA, CCC-SLP

April 9-10, 2015
Raleigh, NC

May 29-30, 2015
Richmond, VA

July 10-11, 2015
Portland, OR

Oct 2-3, 2015
Raleigh, NC
Course Description

This is a cutting-edge, 2-day course designed for the intermediate dysphagia therapist. The SLP will become knowledgeable on various esophageal disorders affecting the oropharyngeal stage of swallowing. Diagnostic ability and treatment planning will be dramatically improved by learning to decipher primary oropharyngeal vs esophageal dysphagia. Learn to identify laryngopharyngeal reflux (LPR) and GERD and become knowledgeable regarding diagnostic evaluations and medical/surgical management. You will receive extensive clinical training for advanced interpretation of FEES and MBS to include implementation of the Reflux Finding Score (RFS) and esophageal sweep. Determine appropriate candidates for various tube feeding options given their affect on different stages of swallowing. Evaluation and treatment options for the xerostomic patient will be discussed.

Course objectives

1. Define various esophageal disorders and their effect on oropharyngeal swallow function
2. Develop proficiency in utilizing the Reflux Finding Score during FEES
3. Develop proficiency in identifying esophageal abnormalities during the MBS esophageal sweep
4. Determine appropriate recommendations for the patient with primary esophageal dysphagia
5. Define Xerostomia, its relation to esophageal dysphagia and treatments
6. Describe affects of enteral feeding on oropharyngeal and esophageal swallow function.

Course Schedule

**Day One:**

8:00-8:30: Sign in and continental breakfast  
8:30-9:00: Introduction to esophageal dysphagia and effects on oropharyngeal swallow function  
9:00-10:15: Anatomy and physiology of the esophagus  
10:15-10:30: Break  
10:30-12:00: Disorders of the Esophagus  
12:00-12:30: Lunch (provided)  
12:30-2:00: Disorders of the Esophagus (Cont)  
2:00-3:00: Gastroesophageal Reflux (GERD) and Laryngopharyngeal Reflux (LPR)  
3:00-3:15: Break  
3:15-4:30: Advanced interpretation of FEES/using the Reflux Finding Score

**Day Two:**

8:00-8:30: Sign in and continental breakfast  
8:30-9:00: Review from Day 1  
9:00-10:00: Diagnostic tests for esophageal dysphagia  
10:00-11:00: Xerostomia evaluation and treatment/ effect on swallow function  
11:00-11:15: Break  
11:15-12:15: Medical and surgical treatment for esophageal dysphagia  
12:15-12:45: Lunch (provided)  
12:45-1:45: Medical and surgical treatment for esophageal dysphagia (Cont)  
1:45-2:30: Feeding tubes/ effect on oropharyngeal and esophageal stages of swallowing  
2:30-2:45: Break  
2:45-4:30: Advanced interpretation of MBS, the esophageal sweep  
4:30-4:45: CEU’s and certificates

Course Registration

(Tear off and return this portion with your payment. Please copy for your reference)

Name:______________________________  
Address:_____________________________  
Phone number:_______________________  
Facility/ treating population:__________________________

Email (for confirmation purposes):
____________________________________
Course date:__________________________

**Early Bird Payment** (up to 3 weeks before course): $395.00 includes tuition, handouts, and boxed lunch on both course days.

**Late registration** (within 3 weeks before course): includes same as above, $420.00

To register for this course, mail registration with check/ money order to:

Julie Huffman  
116 Loch Haven Lane  
Cary, NC 27518

For questions, please email: huffro@me.com or call (919) 784-4677

Cancellations: Registrations that are cancelled in writing up to 1 week prior to the course are eligible for a full refund minus $25 processing fee. Cancellations the week of the course are eligible for a refund of 50%. No refund will be provided for unnotified cancellations regardless of reason.