Evidence-Based Practice in Dysphagia Rehabilitation

With advances in research, our understanding of dysphagia is ever changing. It can be difficult for busy clinicians to stay abreast of these changes. “Evidence-Based Practice in Dysphagia Rehabilitation” is a course designed to highlight the updates in our field and describe evidence-based, efficacious techniques to rehabilitate swallowing.

This course is taught by Ed Bice, M.Ed., CCC-SLP. Mr. Bice is a Speech-Language Pathologist currently in the role of Clinical Program Consultant for Accelerated Care Plus’s Synchrony dysphagia program. He has worked in the health care industry with extensive training and experience in management for over 20 years. His experience includes a variety of settings (acute care, outpatient, home health and skilled nursing). During his career, Mr. Bice has served as a Regional Manager, Vice President of Clinical Services, and Chief Operating Officer. He has been a speaker for national and state level conventions as well as colleges and universities. Currently, Mr. Bice serves as the Assistant Editor of Perspectives for SIG 15 and served on the Swallowing and Swallowing Disorders Topic Committee for ASHA 2017.

Learning Objectives:
Upon completion of this course, participants will be able to:

1. Describe normal swallowing function.
2. List complications of dysphagia.
3. Describe neuroplastic principles.
4. Define various intervention approaches to dysphagia including strength-based intervention for oral and pharyngeal impairments, motor planning intervention and skill-based intervention.
5. Identify appropriate intervention approaches for dysphagia based on identified deficits.

When:
December 1, 2017  8:00 am - 4:00 pm

Where:
McKimmon Center at NC State University 1101 Gorman Street Raleigh, NC 27606
(919) 515-2277

Accommodations:
Aloft Raleigh 2100 Hillsborough Street Raleigh, NC 27607
A group rate of $169 per night is available until November 9, 2017
(919) 828-9900
https://www.starwoodmeeting.com/events/start.action?id=1702274273&key=1058D24C
Time Ordered Agenda

7:30-8:00:  
Sign in, coffee and muffins will be provided

8:00 - 9:00:  
Introduction (1 hour)  
• Identifying the Problems in Dysphagia Therapy  
• The Usual Care in Dysphagia Rehabilitation

9:00-10:00  
What is Normal Swallowing? (1 hour)

10:00-10:15  
Break

10:15-10:45  
Complications of Dysphagia (0.5 hour)  
• Aspiration Pneumonia  
• Psycho-social

10:45-12:15  
Interventions (1.5 hours)  
• Compensation, Compensatory Techniques  
• Adaptation (Diet Changes, Water Free Protocols, Feeding Tubes)

12:15-1:00  
Lunch (provided)

1:00-2:30  
Interventions Continued (1.5 hours)  
• Rehabilitation (Neuroplastic Principles, Strength Interventions, Motor Planning Interventions, Skill Based Interventions)

2:30 - 3:30  
Treatment Considerations (1 hour)  
• The Bolus as a Therapeutic Tool  
• Progression of Exercise

3:30-4:00  
Summary, Q and A, Post-Test Completion

Carolina Speech Pathology, LLC is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.7 ASHA CEUs (7 hours, Intermediate Level, Professional Area)

Disclosures: Mr. Bice has the following financial disclosure. He is a paid employee of Accelerated Care Plus. There is no non-financial information to disclose.